



# Full Moon Goddess Gathering

AT THE HOLISTIC SALT THERAPY & CAVE

Sister circles/Goddess gatherings have been used for many years by women to gather and join in a community of support while encouraging the individual members to be themselves fully. Community feeds our soul! We realize that we are not alone because a network of women is the root bed that upholds us through life's challenges. Being part of a women's circle also helps us reconnect to the cycles and rhythms of Nature, both around us and within us. With this knowledge and awareness, we can navigate the joys and challenges of life more skillfully and authentically.

## Join us here every Full Moon

For 2 hours, We will explore each month's theme and learn to release what no longer serves us, by allowing the Magic of the salt cave to heal us so that we can emerge and embrace our most empowered self.

## Dates and Times

- Tuesday, March 7th 5-7pm
- Wednesday, April 5th 5-7pm
- Friday, May 5th 6-8pm
- Sat June 3rd 4-6pm
- Monday, July 3rd 4-6pm
- Tuesday, Aug 15-7pm
- Friday, Sept 29th 6-8pm
- Sat Oct 28th 4-6pm
- Monday, Nov 27th 4-6pm
- Tuesday, Dec 26th 5-7pm

## Investment \$50.00

Please bring a journal or paper, pen, and any personal items (crystals, pictures, etc.) that you would like to charge with the energy of the altar and gathering.

This circle is open to anyone who identifies as a female who would like to attend. We request that participants understand the adult nature of some of the topics, so please do not bring children. Mature teenagers are welcome.

If you are not sure, then please email me at [3norns.circles@gmail.com](mailto:3norns.circles@gmail.com)

**Payment is required at the time of registration.** The event is limited to 10 Goddesses, so please email to reserve your space\* asap

\*Please note that to guarantee your spot, registration must be paid in full



FACILITATED BY SAMMI FROM 3 NORNS  
TEL. 905-960-1549



HOSTED BY HOLISTIC SALT THERAPY & CAVE  
16 ROCK ST. W  
UXBRIDGE, ONTARIO  
TEL. 289-640-1855